



- Any Pasta
- Spaghetti Sauce
- Dried Beans
- Rice
- Canned Chicken
- Canned Pea
- Canned Carrots
- Canned Potatoes
- Canned Beans (no pork)
- Canned Fruit ( no heavy syrup)
- Soup
- Crackers
- Peanut Butter
- Jelly or Jam
- Oatmeal
- Shampoo
- Bar Soap
- Toilet Paper (4 roll)
- Tooth Paste
- Tooth Brush

---

---

---

---

---